

Monday

Tuesday

Wednesday

Thursday

Friday

1

4
8 oz Macaroni & Cheese
1C Spinach
1 Bag WG Doritos
1C Apple Slices
1C 1% Milk

5
1 Turkey Sausage Pizza
1C Broccoli Florets
1 Fresh Orange
1 Dragon Fruit Punch
1C 1% Milk

6
5 1 oz WG Chicken Nuggets
1C BBQ Baked Beans
1 WG Dinner Roll
1 Fresh Pear
1C 1% Milk

7
Walking Tacos
2 oz Taco Meat
1C Corn
1 Bag Tortilla Chips
1C Fresh Grapes
1C 1% Milk

8
1 2.5 oz Beef Patty on WG Bun
5 Tater Tots
4 oz Juice Cups
1 Fresh Banana
1C 1% Milk

11
4-1oz WG Mini Turkey Corn Dogs
1C BBQ Bake Beans
1 Fresh Orange
4oz Dragon Fruit Punch
1C 1% Milk

12
2oz Sloppy Joe on WG Bun
1C Green Beans
1 Fresh Apple
1C 1% Milk

13
8oz Cup Chili
1 WG Corn Muffin
1C Fresh Carrots
1 Fresh Pear
1C 1% Milk

14
1 Cheese Filled Breadstick w/Dipping Sauce
1C Broccoli Florets
1C Fresh Grapes
1pkg WG Cheez-Its
1C 1% Milk

15
3-1oz WG Chicken Tenders
5 Tater Tots
4oz Grape Juice
1 Fresh Banana
1C 1% Milk

18
1-2.75oz Hamburger on WG Bun
1 C Broccoli w/Cheese
1 Fresh Apple
1C 1% Milk

19
1-2.5oz BBQ Rib Patty
1C Baked Beans
1 Bag WG Doritos
1 Fresh Orange
4 oz Dragon Fruit Punch
1C 1% Milk

20
1-3 oz Seasoned Chicken Breast
1C Mashed Potatoes w/Gravy
1 WG Dinner Roll
1 Fresh Pear
1C 1% Milk

21
8oz Johnny Marzetti
1C Green Beans
3 pkg WG Crackers
1C Fresh Grapes
1C 1% Milk

22
2-1oz Turkey Sausage Patty
2 WG French Toast
1C Fresh Carrots
4oz Apple Juice
1 Fresh Banana
1C 1% Milk

25
3-1oz Turkey Calzonettes
1C Seasoned Broccoli
1 Fresh Apple
1C 1% Milk

26
1-3oz Chicken Patty On WG Bun
1C Potato Cubes w/Red Peppers
1 Fresh Orange
4 oz Dragon Fruit Punch
1C 1% Milk

27
8oz Beef Ravioli
1C French Green Beans
3 pkg WG Crackers
1 Fresh Pear
1C 1% Milk

28
1 Turkey Hot Dog on WG Bun
1 BBQ Baked Beans
1C Fresh Grapes
1C 1% Milk

